

from 04.05.2026



REFORMER PILATES WEEKLY SCHEDULE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

7.00 - 7.45 **All levels**
(with Adam)

12.30 - 13.15 **All levels**
(with Dan)

19.30 - 20.15 **All levels**
(with Dan)

12.30 - 13.15 **All levels**
(with Dan)

19.30 - 20.15 **All levels**
(with Adam)

17.30 - 18.15 **All levels**
(with Oana)

19.30 - 20.15 **All levels**
(with Oana)

12.30 - 13.15 **All levels**
(with Dan)

18.30 - 19.15 **All levels**
(with Dan)

9.45 - 10.30 **All levels**
(with Dan)

10.00 - 10.45 **All levels**
(with Adam)

11.00 - 11.45 **All levels**
(with Adam)