

from 01.04.2026



# REFORMER PILATES WEEKLY SCHEDULE

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

**SUNDAY**

9.30 - 10.15 **All levels**  
(with Adriana)

12.30 - 13.15 **All levels**  
(with Dan)

17.30 - 18.15 **All levels**  
(with Dan)

18.30 - 19.15 **All levels**  
(with Dan)

19.30 - 20.15 **All levels**  
(with Adriana)

18.00 - 18.45 **All levels**  
(with Dan)

19.30 - 20.15 **All levels**  
(with Adriana)

12.30 - 13.15 **All levels**  
(with Dan)

19.30 - 20.15 **All levels**  
(with Adriana)

17.30 - 18.15 **All levels**  
(with Adriana)

18.30 - 19.15 **All levels**  
(with Adriana)

19.30 - 20.15 **All levels**  
(with Adriana)

12.30 - 13.15 **All levels**  
(with Dan)

17.30 - 18.15 **All levels**  
(with Dan)

18.30 - 19.15 **All levels**  
(with Dan)

19.30 - 20.15 **All levels**  
(with Dan)

9.00 - 9.45 **All levels**  
(with Adriana)

10.00 - 10.45 **All levels**  
(with Adriana)

10.00 - 10.45 **All levels**  
(with Adam)

11.00 - 11.45 **All levels**  
(with Adam)